

## Post LEEP Instructions

After a LEEP procedure you may experience minimal bleeding and some watery discharge that may last for several weeks. You may also experience some mild cramping for up to 24 hours. The following are instructions that will help facilitate the healing process and prevent infection.

1. Sanitary pads are recommended instead of tampons as needed for the next two weeks
2. You should not have intercourse for two weeks and/or until you see your physician at the two week visit. Please make an appointment today, before leaving the clinic.
3. You may use oral pain medication to help with cramping i.e. Ibuprofen, Aleve or Tylenol as directed
4. Call the office **503-491-9444** if you experience the following:
  - a. Unusual vaginal bleeding, heavier than the heaviest day of your menstrual period
  - b. Foul smelling vaginal discharge
  - c. Fever >100.4 F or chills
  - d. Severe abdominal pain

**It is very important that you have a follow up appointment in two weeks and a follow up Pap smear as directed by your physician**